# LICEKILLER.COM INSTRUCTIONS (Short Version)

- 1. Apply the **Nit Glue Dissolver** (saturate hair) to dry or barely damp hair, put on shower cap, wait 30 minutes.
- 2. Apply LiceKiller Oils (saturate hair), put on shower cap, wait 30 minutes.
- 3. Comb out bugs and nits until your comb is finding no more nits or lice in the hair. Then comb entire head again ONE LAST TIME to be sure you got them all out.

# **IMPORTANT KNOWLEDGE:**

Untreated head lice crawl really fast. That makes them hard to spot. You may not be seeing very many bugs in the hair. But if you have nits, you have lice.

Our Nit Glue Dissolver starts to break down the EXOSKELETONS of the lice. That makes them crawl a LOT slower. It also loosens the glue that sticks the nits to the hair. Both of these things make it easier to comb out the bugs and nits in Step 3 above.

<u>NOTE</u>: Our LiceKiller Oils kill the bugs AND the eggs WITHOUT causing any harm or danger to you or your pets. But it does *NOT* kill the bugs INSTANTLY. **You may see some bugs still moving slightly as you comb them out.** <u>DON'T PANIC</u>. If you do see some moving, know that they are almost dead, and they are completely incapacitated from breeding. They are unable to crawl away because of the Nit Glue Dissolver and the oils ARE killing them. Just rinse them down the sink.

# **RE-INFESTATIONS:**

You can almost COUNT on getting a re-infestation. Here's why...

Once head lice get into your circles of people you know and places you go, they just continue to go around and around because not everyone gets rid of them at the same time.

Lice actually PREFER CLEAN HAIR so if someone with lice is in your circles, it's possible to get them again.

Lice don't jump or fly. But they do drop off one person and crawl onto another person. That is why we have our Furniture Spray available. Use the Furniture Spray and our Lice Repellent to help reduce the reinfestations. But most importantly, INSPECT YOUR HEADS EVERY NIGHT until you are confident the lice infestation in your circles has passed.

SEE OTHER SIDE OF THIS PAGE FOR IMPORTANT FREQUENLY ASKED QUESTIONS.

# FAQ's for Head Lice

Can I spot spray Nit Glue Dissolver on head the next day after treatment if I see a nit/lice? YES, you can spot treat a nit or a louse the next day. But, if you are seeing new nits/lice the next day after yesterday's treatment and inspection, we recommend you retreat the entire head again. You are probably getting reinfested from your bedding or couch where you are sitting for longer periods of time.

If I am out of Nit Glue Dissolver can I use the Furniture Spray or Laundry Concentrate on the head? **YES you can spray** the furniture spray on your head as well as refilling the sprayer bottle from the laundry concentrate.

Does the Furniture Spray or BugKiller Laundry Concentrate have any poisons? NO, all natural products.

Can I also spot treat a nit/bug with the LiceKiller Oils using my fingers to apply on nits/bugs? **YES, but if you are finding** multiple nits/lice in your hair after yesterday's inspection, you should retreat the entire head. This is a sure sign reinfestations are coming from your immediate environment.

Can I use the LiceKiller Oils as a scent barrier if I am out of the repellent? YES this is a great option.

If the nits are white, are they hatched or dead? Viable eggs are usually darker (brownish) in color but also pick up the background color, so they are hard to spot. White or light colored eggshells are hatched/empty egg shells.

Is it important to inspect the treated head for the next 7 to 10 days to check for reinfestations? YES. Assuming that you are quarantined at home, infestations are most likely to occur from your immediate environment during the first week to ten days. So it is very important to inspect the head daily to determine if the individual is getting reinvested from their environment. Clothing, bedding and cloth based couches or chairs are likely suspects.

Should I retreat the head the 2<sup>nd</sup> and 3<sup>rd</sup> day even if I don't see any evidence of nits/lice? **NO. Continue to wash all** bedding every day for 7 to 10 days and use furniture spray on all cloth furniture and rugs for the first week to 10 days. Only retreat if you see fresh nits/lice on head from inspection(s). If you see fresh nits/lice after several days, you should retreat as are probably getting reinvested from immediate environment. Wash all cloths daily with the Laundry Concentrate and Spray all suspected furniture twice daily.

Can I use the furniture spray on bedding even if I have not washed then earlier in the day? YES, of course.

Should I wash all the sheets, pillow cases and blankets every day for the 1<sup>st</sup> week, if I don't see bugs? **YES, washing all bedding, blankets, clothing and towels every day for the next 10 days. Remember: reinspect head daily.** 

My child's head still itches after treatment, but I don't see new nits/bugs, do I retreat? **NO. Itching is normal for the first** week from mild inflammation and bacterial infection from bites. Apply mild antiseptic/alcohol to head.

Could I have Body Lice or Scabies or other skin conditions at the same time as head lice? Yes it is possible.

How do I treat Dread Locks? Removing lice from dreadlocks is exceedingly difficult. You can try this: put Enzymes or Oils in a bowl and dip Dreads in bowl until all hair is completely soaked. Put on a shower cap and let the product work for 1-2 hours. Rinse out the nits and bugs the best you can.

If I have never seen nits or lice on my head, but it itches, do I have head lice? If other family members are currently being treated for head lice in your home, it is possible you have lice. Have another person inspect your head daily to be sure you have not contracted head lice from another in the home.

# IMPORTANT! PLEASE READ DETAILED LiceKiller.com Directions

# TREATING YOUR HEADS

Prior to use of LiceKiller, thoroughly wash hair to remove all hair products and/or any previously used pesticide based treatments. Please email your questions at <a href="mailto:service@Accessnutraceuticals.com">service@Accessnutraceuticals.com</a>. We respond to emails as fast as we can.

# **STEP ONE: Nit Glue Dissolver**

- Starting with dry hair (or slightly damp) separate hair into small sections.
- Apply the Nit Glue Dissolver to separated sections, apply directly on scalp and *saturate hair approximately* 1-2 inches from scalp. Continue applying Nit Glue Dissolver to the rest of the hair.
- During application, massage Nit Glue Dissolver into scalp to penetrate all areas.
- Cover with shower cap or towel and leave Nit Glue Dissolver on hair for approximately 30 minutes.

# DO NOT RINSE BEFORE PROCEEDING TO STEP TWO.

# **STEP TWO:** LiceKiller Oil Treatment

- Begin applying LiceKiller Oil Treatment to hair, assuring that you completely cover and fully saturate all strands from top to bottom.
- DO NOT LEAVE ANY DRY SPOTS!
- Place shower cap over hair. Leave shower cap on for 30-60 minutes.
- Bending over a sink/bathtub, drape a towel across your shoulders, remove the shower cap, and with your Nit Free Lice Comb begin thoroughly combing the hair clean. Comb the hair in a "scraping" manner along the scalp. *TAKE YOUR TIME.* It is essential that all nits are removed from the scalp and hair.
- Once you have thoroughly combed all sections of hair and you see no more nits, you are finished.
- You may now wash and rinse your hair with your everyday shampoo. It may take several shampoos to get the oil-based product completely out of your hair. If your shampoo doesn't get the oil out, you might try Dawn dishwashing liquid.

(Note: If you see any more lice or nits, YOU HAVE A RE-INFESTATION. Re-infestations can happen within an hour. That's because lice drop off your heads and then crawl back on later. Also, they could be on your furniture or in your cars. When you get a re-infestation, repeat Steps 1 & 2 as soon and as often as necessary. DO NOT WAIT 7-10 DAYS LIKE WITH RID OR NIX).

# **STEP THREE:** Lice Repellant

- Lice Repellant is used as an additional measure to prevent re-infestation, both in and out of the home. Use Lice Repellant daily when sending your children off to school or out to play. Be vigilant and check for lice and nits even after use of this product. Re-infestation may occur from an outside source.
- Apply the Lice Repellant to the back of the neck and the wrists every day until the danger of getting lice has passed. The repellant is not intended to be a "fail-safe" so be on the watch for re-infestations every day.

# TREATING YOUR ENVIRONMENT FOR LICE

Why do you need to treat your environment? Re-Infestations!

Lice cannot jump or fly, but they do the "drop and crawl" very well. What does that mean?

Lice will drop off a person's head, especially during the treatment process, and then crawl back on the person or crawl onto another person later.

They will drop onto furniture, bedding and clothing, and the seats in your cars.

Also, humans lose about 100 hairs per day. When someone has lice, some of those hairs will have nits on them. The nits can hatch up to 10 days later. If one of those nit-containing hairs is on a couch, guess what happens? A Re-Infestation!

That is way it is very important to treat your environment with our Environment Products.

#### **FURNITURE SPRAY CONCENTRATE**

Use our FURNITURE SPRAY CONCENTRATE to spray fabrics everywhere you sit (leather doesn't need it – just vacuum leather). Don't forget your cars and your work. When you're done sitting there for the day, spray the furniture and let it dry overnight.

#### **How to Mix the Furniture Spray Concentrate:**

- Fill the empty sprayer bottle up to about where the neck starts of warm water
- Empty the ENTIRE CONTENTS of one of the 2 oz bottles of Furniture Spray Concentrate into the sprayer
- Replace the sprayer nozzle and shake well.
- Spray anywhere anyone with lice has been sitting (don't forget the cars).

#### **LAUNDRY CONCENTRATE**

Do your laundry regularly. Never wear an article of clothing more than once without washing it. Add 1-2 oz. of our LAUNDRY CONCENTRATE to every load of laundry.

# **ONE MORE THING ABOUT RE-INFESTATIONS**

UNFORTUNATELY...You are almost guaranteed to get a re-infestation. (If you kill one fly in your kitchen, are you done killing flies the rest of your life? No! Same with lice.)

Once lice get into your circles of family and friends, unless and until EVERYONE gets rid of lice, they will continue to spread around and around.

That's why it's a good idea to talk about head lice with your family and friends. Don't be embarrassed. You probably got it from ONE OF THEM in the first place!

Anyway, everyone in your circles needs to be using products and methods that work.

Have them get LiceKiller products from <a href="www.LiceKiller.com">www.LiceKiller.com</a> and use them properly. And for more information, go online to: <a href="www.MothersAgainstHeadLice.org">www.MothersAgainstHeadLice.org</a> which is the best free information about how to get rid of head lice we have found.